

# **Avera Sports – Select Teams**

## **Winter Basketball Tryouts**

When: May 14<sup>th</sup> from 2:00-5:00 (Saturday)

Where: Avera Sports Center (85<sup>th</sup> and Minnesota)

What: 2016-17 Winter Basketball Team Tryouts for boys and girls grades 5<sup>th</sup> through 8<sup>th</sup>

Cost: \$25 (T-shirt and 75 minute workout)

On Saturday May 14<sup>th</sup> we will be having open tryouts for boys and girls grades 5<sup>th</sup> through 8<sup>th</sup> in Sioux Falls at the Avera Sports Center. The boy's tryout will run from 2:00-3:15pm. Girl's tryouts will follow from 3:30-4:45. Each athlete will receive a numbered t-shirt and put through a skill development workout including competition. Coaches and trainers will evaluate athletes during the tryouts. Teams will be selected and chosen based on skills, work ethic and ability. After the tryouts are done and evaluations have been made teams will be put together for the 2016-2017 winter season. We have the potential for 4 girls and 4 boys teams.

- Our main focus with these teams is to improve each player's skill set by putting an emphasis on skill development and practice time.
- Our goal is to practice twice a week focused on individual and team development.
- All Avera Sports Select team members will participate in a Warwick Workouts fall weekly workout session and an October pre-season training workouts.
- These teams will compete in a minimum of eight local and regional tournaments during the winter months.

If you feel like your son or daughter would be a good fit for one of our Avera Sports Select teams we'd love to see you and your child at the ASC on May 14<sup>th</sup>!

**Go to [www.warwickouts.com](http://www.warwickouts.com) under the Register Here Tab to register.**

Contact Cody Schilling with any questions.